

29TH MARCH TO 5TH APRIL 2025

WILD VIEW

A WONDERFUL HILLTOP ECO RETREAT SET
IN THE NATURAL WILDERNESS OF PORTUGAL



WHAT TO EXPECT

Enjoy 7 nights in our secluded retreat nestled neatly into the Corgas Bravas hillside, Wild View Retreat is defined by its spectacular uninterrupted 360° views of the Serra do Caldeirão mountains, a Zona De Intervenção Florestal protected for its natural beauty and famous Portuguese cortiça (cork) trees.

There are no cars, no roads, no buildings, no neighbours. Nothing but wilderness and nature. Nothing to hear but the birds and the wind. Nothing to do but restore and relax the body, mind and soul.



- Beautiful accommodation
- Morning guided meditation and pranayama
- Up to 5 hours of yoga & wellness practices, daily, including fitness sessions plus early morning swimming.
- Complete freedom to choose how much or how little practice you join
- Nourishing, organic & freshly prepared meals from local produce
- Complimentary drinking water both still & sparkling
- Optional excursions
- Closing celebration meal
- Flights to Faro and you will be collected from the airport by are partner agent.

THE PRACTICE

THE STUDIO

Purpose-built Yoga studio with both heating & air conditioning for the perfect practice temperature

Fully equipped with all the props you will need.

Panoramic views of the surrounding mountains with the option to open the full height sliding doors to welcome nature into our practice

There are also outdoor practice spaces available on the terrace and in the grounds



TEACHING TEAM

- Clare Broomhead
- Anna Favager

THE TEAM



CLARE

Clare likes to welcome everyone to explore all that yoga has to offer and cultivate the practice they need for their own self-development. Trained in many disciplines, including Ashtanga, Hatha, Vinyasa & Yin always tries to bring great variety to each practice with particular awareness of practicing with back injury.



ANNA

After years in television, Anna discovered yoga while traveling in 2012, finding it to be her most profound experience amidst new cultures. She completed her 200-hour Vinyasa Flow training in 2018 and now teaches in Manchester and Cheshire. Her classes emphasize fluidity, strength, and breath, with curated music to balance energies, creating an inclusive environment that honors yoga's ancient philosophy while offering a modern perspective for all participants.



NICOLA

Back by popular demand, trained nutritionist, physio and masseuse Nicola will be joining us and bringing her knowledge and passion for all things food and wellness. During our retreat Nicola will be offering:

- Massages
- Nutrition talks
- Nutrition 121
- Ice baths
- Breathwork
- Physio

THE ROOMS

Whether it be your own luxurious double room with uber comfy superking size bed or your own secluded outdoor yurt or safari tent on a private deck with impeccable views; there is a range of accommodation types with varying price options to meet your needs. It's cheaper to share, either with a friend or partner or with another retreat guest of the same gender. But you are also welcome to choose to go for single occupancy. Either way you are set to love the accommodation at Wild View. Each interior has been tastefully designed by Erika and decorated with simple locally sourced materials. All outdoor accommodations have been built by hand using a combination of recycled or reclaimed wood from the old ruins left beforehand and local materials.

To retain group ambience and ensure wonderful connections with all fellow guests we allow a maximum of only 24 guests, including staff. Accommodation books up quickly for this retreat, so please contact us if you have any questions



10 LARGE LUXURY DOUBLE ENSUITE BEDROOMS

A YURT AND SHEPHERDS HUT

WOODEN SAUNA, NEXT TO THE POOL

FULL GYM EQUIPMENT

INFINITY POOL

ACRES OF HILLS TO EXPLORE

SUNRISE & SUNSET WALKS

LARGE ROOF SUNSET TERRACE

PURPOSE-BUILT YOGA STUDIO & YOGA DECK

A READING & MEDITATION ROOM



LIVING

As soon as you drive towards the retreat venue, you are met with the complete tranquility and expansive, lush rolling countryside which forms these foothills of the Algarve.

Originally built by a Portuguese Army General in 1898, the 'Manor House' and surrounding ruins have undergone a 2 year restoration and redevelopment project, transforming the iconic setting into a bespoke wellness retreat.

Even the largest of groups can feel like they get some me-time if desired with the many separate seating areas.



OUTDOORS

An outdoor infinity swimming pools.

Many outside seating areas including a roof terrace

Sun loungers and umbrellas

Sauna

Miles of uninterrupted countryside to walk in nature





RELAXING

Unwind, rejuvenate, and find your inner peace at our exclusive yoga retreat. Nestled amidst breathtaking natural beauty, this retreat is designed to provide you with a serene and tranquil haven, where you can disconnect from the stresses of everyday life and reconnect with your body, mind, and spirit.

Join us for a transformative journey, where our experienced yoga instructors will guide you through gentle and restorative yoga practices, specifically tailored to promote deep relaxation. Immerse yourself in the soothing ambiance, surrounded by lush greenery, serene landscapes, and the rhythmic sounds of nature.

You'll take part in 2 yoga classes a day that are suitable for all levels, spectacular walks, light fitness classes to enhance your physical health and be inspired with our new programme of nutrition and wellness talks to bring more equilibrium in to your everyday life.

The perfect space for you to achieve ultimate relaxation.



SLEEPING



SPACE

8 En-suite rooms, sleeping up to 16 guests and 2 larger triple en-suite rooms which can be formatted as a double or twin

Bedrooms can be kept as a shared King size bed or adapted into two twin beds for all the shared occupancy rooms.

There is also a Yurt and Shepherds hut available to truly live in nature

ROOMS

TWIN/DOUBLE ROOMS WITH ENSUITE

Mountain View, Twin or King bed, ensuite, shared terrace.

Single Occupancy: £2000

Shared Occupancy: £1500pp

TRIPLE OR EXTRA LARGE ROOM WITH ENSUITE

Mountain view, Twin/King or Triple bed, ensuite, shared terrace.

Twin Occupancy: £1700pp

Triple Occupancy: £1300pp



YURTS & HUTS

SECLUDED OUTDOOR YURT WITH RUSTIC BATHROOM

Mountain View, Twin or King bed, separate bathroom, Private Terrace

Single Occupancy: £1800

Shared Occupancy: £1200pp



COSY SHEPHERD OUTDOOR HUT WITH RUSTIC BATHROOM

Mountain View, Twin or Double bed, separate bathroom, Private Tdeck

Single Occupancy: £1500

Twin Occupancy: £1000pp



THE FOOD

Our retreat menu has been perfectly balanced by our chef team who will be available to give nutritional advice also.

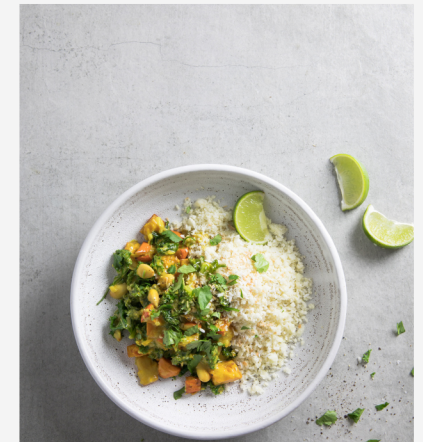
Tantalise your taste buds and fuel your body with every meal on retreat.

You will be served salads, dhals, smoothie bowls and juices and raw cakes packed with vibrancy and texture from locally farm produce and organically sourced where possible.

All dietary requirements can be catered for.



MENU



EXCURSIONS

Optional excursions:
Wine Tasting
E-Mountain Bike excursion
Mountain hikes
Trip to the beach
Surf lessons or rental
Massages will also be available



EXCURSIONS





DEPOSIT

£500 pp / Payment Plan

Account Name: Yoga Goddess Ltd

Account Number: 80296775

Sort Code: 20-45-45

Reference: Portugal 2025 (+ Your Surname)

This deposit is non-refundable unless the entire retreat is cancelled
Payment in 3 instalments or individually negotiated payment plan via bank transfer

All payments must be completed 60 days before travel (31/01/25)

If the retreat has to be postponed or cancelled due to Covid or travel restrictions, full refunds will be paid. Please see our cancellation policy & T's & C's for full details.

Optional extras are paid for individually.

Any questions please email or call us



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