

LE MARCHE

18TH - 25TH MAY 2024
AMAZING LUXURY HILLTOP RETREAT IN UNTOUCHED ITALY



WHAT TO EXPECT

Enjoy 7 nights in our secluded luxury villas, nestled neatly into the Marche hillside, a space curated for total relaxation & the pursuit of 'dolce far niente' - the sweetness of doing nothing.

Overlooking the Adriatic sea, join us as we soak up these unparalleled vistas & indulge in a slower pace of life



-
- Exceptional accommodation
 - Morning guided meditation and pranayama
 - Up to 5 hours of yoga & wellness practices, daily, including fitness sessions plus early morning swimming.
 - Complete freedom to choose how much or how little practice you join
 - Nourishing, organic & freshly prepared meals from local produce.
 - Complimentary drinking water both still & sparkling
 - Optional excursions and nutritional talks
 - Closing celebration meal
 - Fixed price flights & transfers from our partner agent.
 - Full package ATOL protection

THE PRACTICE

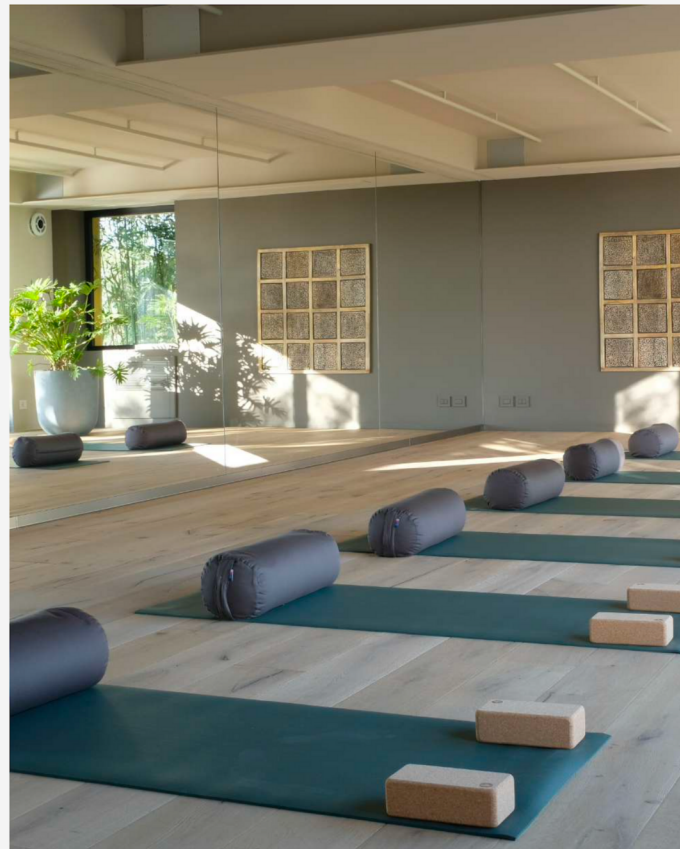
THE STUDIO

Purpose-built Yoga studio with both heating & air conditioning for the perfect practice temperature

Fully equipped with all the props you will need.

Panoramic views of the estate down to the sea with the option to open the full height sliding doors to welcome nature into our practice

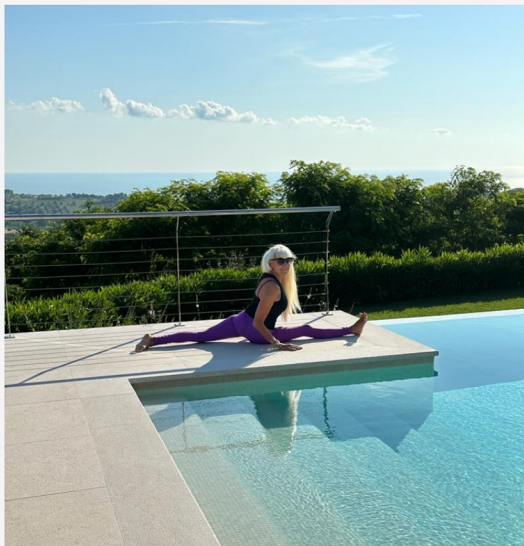
Six outdoor practice spaces are also available in the grounds



TEACHING TEAM

- Clare Broomhead
- Andrea Everingham
- Nicola Charnock

THE PRACTICE



CLARE

Likes to welcome all to explore all that yoga has to offer and cultivate the practice they need for their own self-development. Trained in many disciplines, always tries to bring great variety to each practice



NICOLA

Nicola, who specialises in back pain & sports injuries, combines the treatment of injuries & rehabilitation, deep tissue sports massage, naturopathic nutrition, kinesio taping, yoga & pilates within her treatments and rehab protocols. She is also a fully trained nutritionist



ANDREA

Andrea teaches Jivamukti Yoga, amongst many other disciplines, where its freedom and 'liberation of the soul' inspired her to advance her yoga practice and teachings towards freedom and a sense of wildness on the mat and expression of the body form in ways that could be expressed outside the normal yoga way of practice.

THE VILLAS

OLIVE ONE

Just 10 minutes from the coast, our home for this retreat has been curated to the highest of standards, with 6 king size en-suite bedrooms, its own spa, gym, 12-metre infinity pool, fire pit, BBQ area and over 600 square metres of living space. this is the perfect destination for our exclusive escape to relax, refresh and restore.

OLIVE TWO

Neighbouring Olive One on the hills of Civitanova Alta with dramatic sea views, our second home is comprised of: A master villa, luxury guest house villa, caretaker's villa, a modern, minimalist pool house, tennis court, gym & newly built yoga studio and yoga deck, endless outdoor eating spaces and, of course, an olive grove with over 400 olive trees



- 10 LARGE LUXURY DOUBLE ENSUITE BEDROOMS
- 5 DINING AREAS (INCLUDING OUTDOOR BBQ & PIZZA OVEN)
- SPA WITH SAUNA, JACUZZI, STEAM ROOM & EXPERIENTIAL SHOWER
- 2 COMPLETE GYMS WITH TECHNO GYM EQUIPMENT
- HEATED INFINITY POOL
- SECOND 15M UNHEATED POOL
- OVER 1 ACRE OF MANICURED GARDENS
- 8 ACRES OF GROUNDS AND GROVES TO EXPLORE
- OUTDOOR FIRE PIT - SUNRISE & SUNSET
- 3 LOUNGE AREAS & SUNSET TERRACE
- PURPOSE-BUILT YOGA STUDIO & YOGA DECK
- FLOODLIT TENNIS COURT

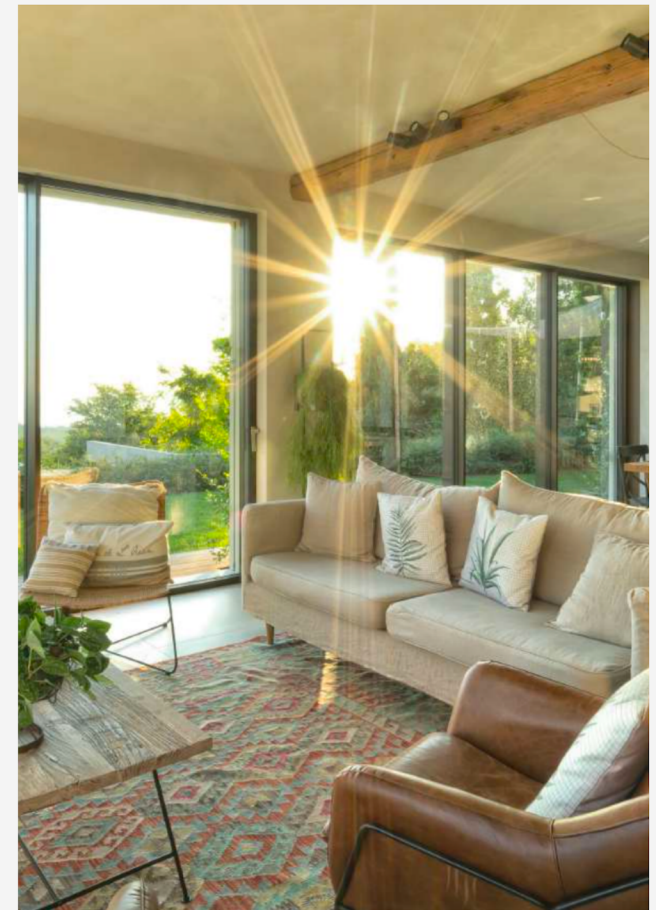


LIVING

As soon as you enter the villas, you are met with floor to ceiling views of the expansive, lush countryside alongside the Adriatic Sea.

The living space set in calming neutrals and outfitted with luxe furniture that extends across two floors.

Even the largest of groups can feel like they get some me-time if desired with the many separate seating areas.



OUTDOORS

Two swimming pools (1 Heated, 1 Cold Water)

Firepit

Sun loungers, floating pool beanbags

Table tennis & table football

Full-Size floodlit tennis court

8 acres of grounds to explore

Beautiful gardens to explore





RELAXING

Unwind, rejuvenate, and find your inner peace at our exclusive yoga retreat. Nestled amidst breathtaking natural beauty, this retreat is designed to provide you with a serene and tranquil haven, where you can disconnect from the stresses of everyday life and reconnect with your body, mind, and spirit.

Join us for a transformative journey, where our experienced yoga instructors will guide you through gentle and restorative yoga practices, specifically tailored to promote deep relaxation. Immerse yourself in the soothing ambiance, surrounded by lush greenery, serene landscapes, and the rhythmic sounds of nature.



SPA

Beautifully appointed with a 6-seat jacuzzi, a steam room, sauna and a shower with scented water. These facilities are available at any time during our stay.

The perfect space for you to achieve ultimate relaxation.

SLEEPING



SPACE

10 En-suite Suites split across two neighbouring villas, sleeping up to 20 guests.

Bedrooms can be kept as a shared King size bed or adapted into two twin beds for all the shared occupancy rooms.

The self-contained annexe can also be arranged for single, or dual occupancy

ROOMS - OLIVE ONE

SEA VIEW SUITE (BEDS 1, 3, 4 & 6)

Large, sea View, Twin or King bed, ensuite, terrace or balcony

Single Occupancy: £4000

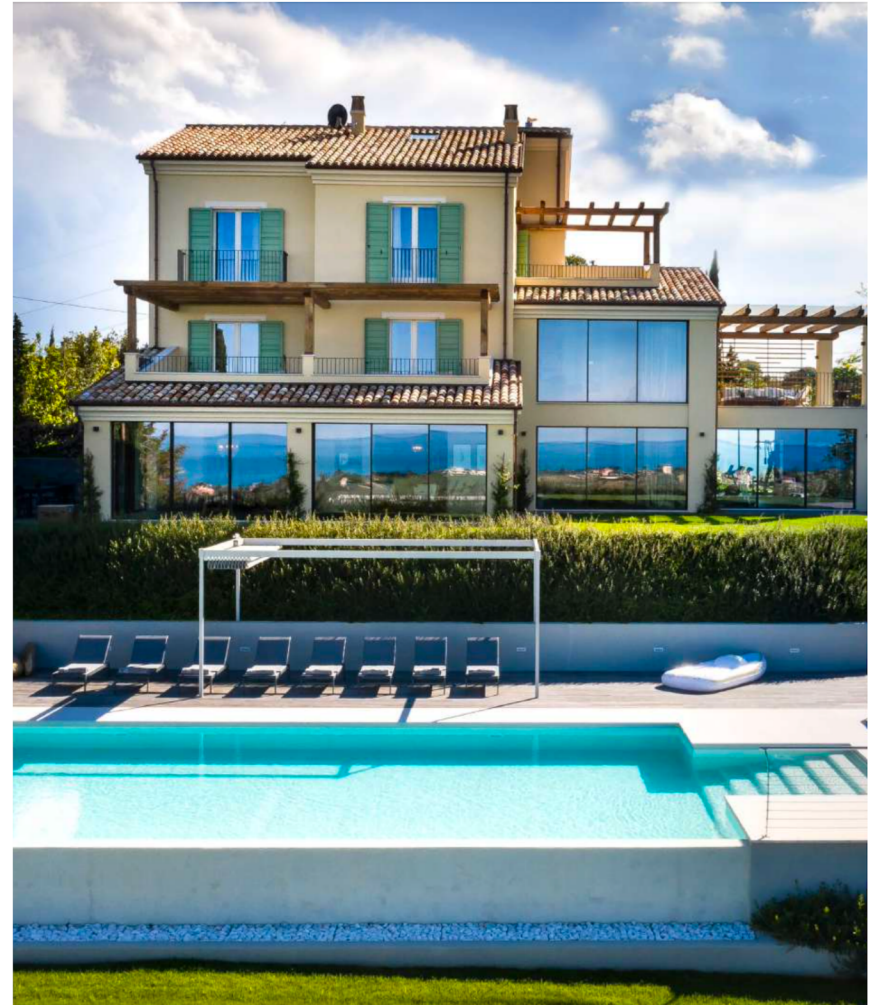
Shared Occupancy: £2500pp

GARDEN SUITE (BEDS 2 & 5)

Garden/ 13th Century village view, Twin or King bed, ensuite, terrace shared with Sea View Suite 1.

Single Occupancy: £3900

Shared Occupancy: £2450pp



ROOMS - OLIVE TWO

GARDEN SUITE (1/1)

Garden View, Twin or King bed, En-suite, Private Terrace

Single Occupancy: £4000

Shared Occupancy: £2500pp

COSY ROOM (2/2)

Garden View, Twin or King bed, En-suite

Single Occupancy: £3850

Shared Occupancy: £2400pp

GARDEN HIDEAWAY (1/1)

Garden View, King bed, Totally Private Accommodation in
Separate Hideaway to the main Villa, Kitchenette, En-Suite,
Private Terrace

Single Occupancy: £3700

Twin Occupancy: £1850





THE FOOD

Our retreat menu has been perfectly balanced by our chef and offers locally sourced, seasonally based, zero-mile organic vegetarian, vegan or Mediterranean choices.

Our private chefs have created the menus in a balanced way to ensure that the meals correspond to the use of energy throughout the day.

In typical Mediterranean Italian style, we will offer a balanced brunch with a light snack mid afternoon. After our late afternoon practice there will be a nourishing dinner.



MENU



EXCURSIONS

Optional excursions:

Wine Tasting

Cultural day trip into 13th Century Town

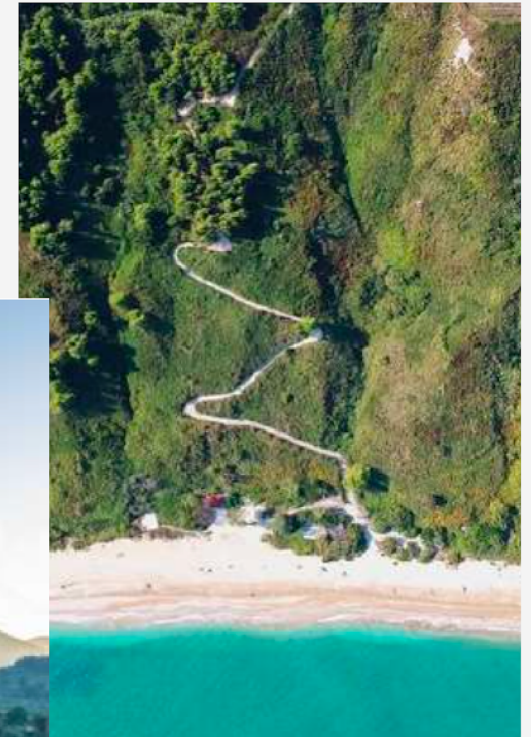
Cycle excursion along coastline

Trip to the beach

Paddleboarding



EXCURSIONS





DEPOSIT

£500 pp / Payment Plan

Account Name: Holiday's for Golfers Ltd

Account Number: 45304327

Sort Code: 50-41-01

Reference: 12579 (+ Your Surname)

This deposit is non-refundable unless the entire retreat is cancelled
Payment in 3 instalments or individually negotiated payment plan via bank transfer

All payments must be completed 90 days before travel (18/02/24)

If the retreat has to be postponed or cancelled due to Covid or travel restrictions, full refunds will be paid. Please see our cancellation policy & T's & C's for full details.

Optional extras are paid for individually.

Any questions please email or call us



VISIT US

32A, South Street
Alderley Edge
SK9 7ES

CONTACT US



info@yogaontheedge.co.uk



+44 7785 976957 / 07570 322479



[@yogaontheedgeuk](https://www.instagram.com/yogaontheedgeuk)



www.yogaontheedge.co.uk