
YOTE
WILD
VIEW
PORTUGAL · 16 TO 23 OCTOBER 2027

YOTE

Welcome to Wild View

WELLBEING FITNESS RETREAT

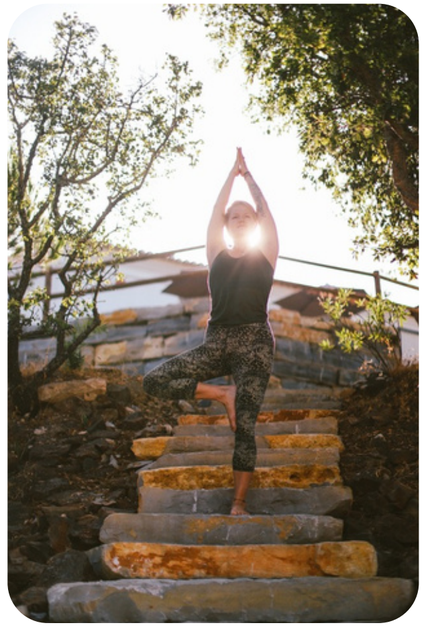
NO ROADS

No cars, no buildings, no neighbours. Just the birds and the wind.

360° VIEWS

Uninterrupted views across the Serra do Caldeirão mountains.

Seven nights on a secluded hillside in southern Portugal. Yoga, fitness and real rest. We come back to this place year after year for its quiet and its charm.





YOTE

Daily Practice



UP TO FIVE HOURS OF YOGA AND WELLNESS A DAY

JOIN AS MUCH OR AS LITTLE AS YOU LIKE. THE CHOICE IS YOURS EVERY DAY.

YOGA

Guided meditation and pranayama each morning, then yoga through the day.

FITNESS

Core and fitness sessions for strength and stability.

EARLY SWIMS

Start the day in the water before breakfast, if you fancy it.

The Setting

CORK FOREST

The Serra do Caldeirão is protected for its natural beauty and its cork trees.

NOTHING HERE BUT NATURE

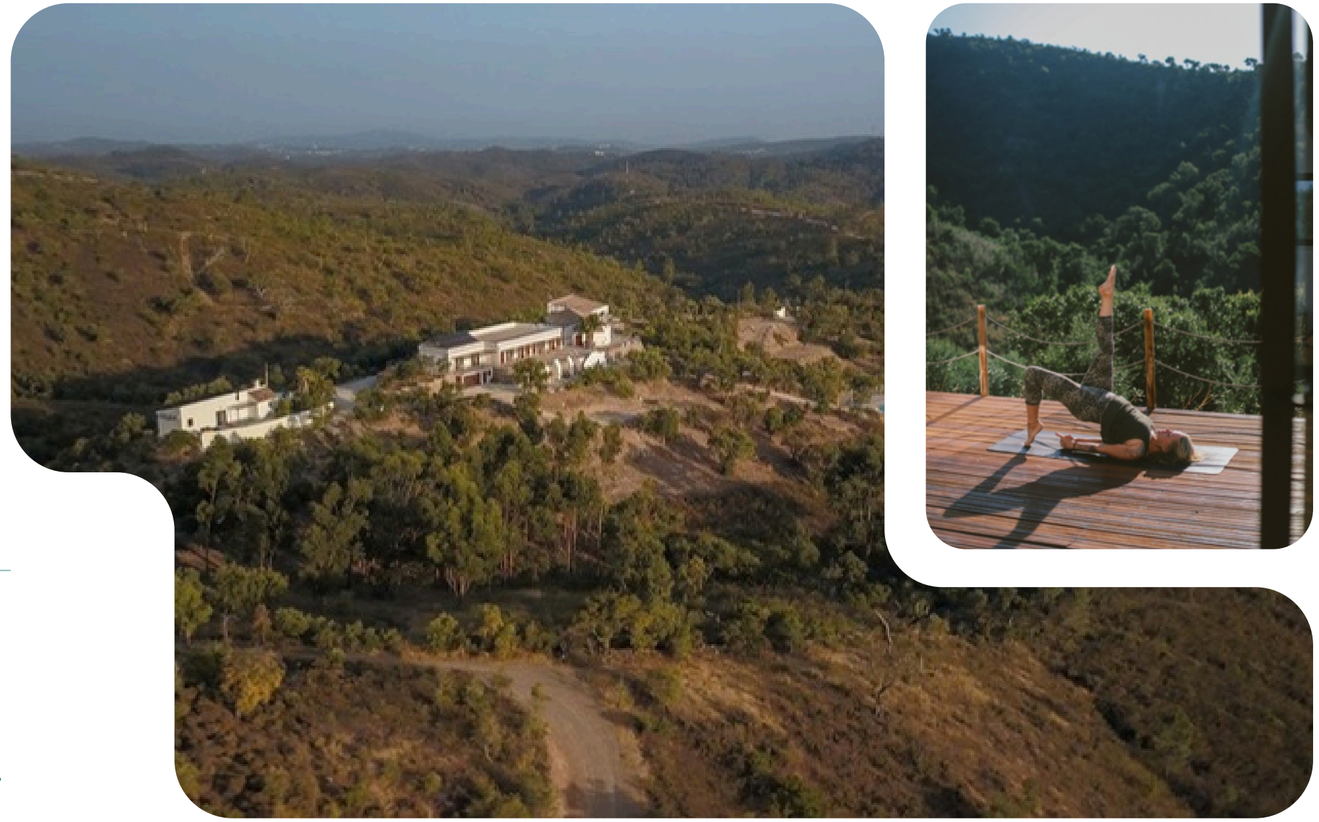
THE HILLSIDE

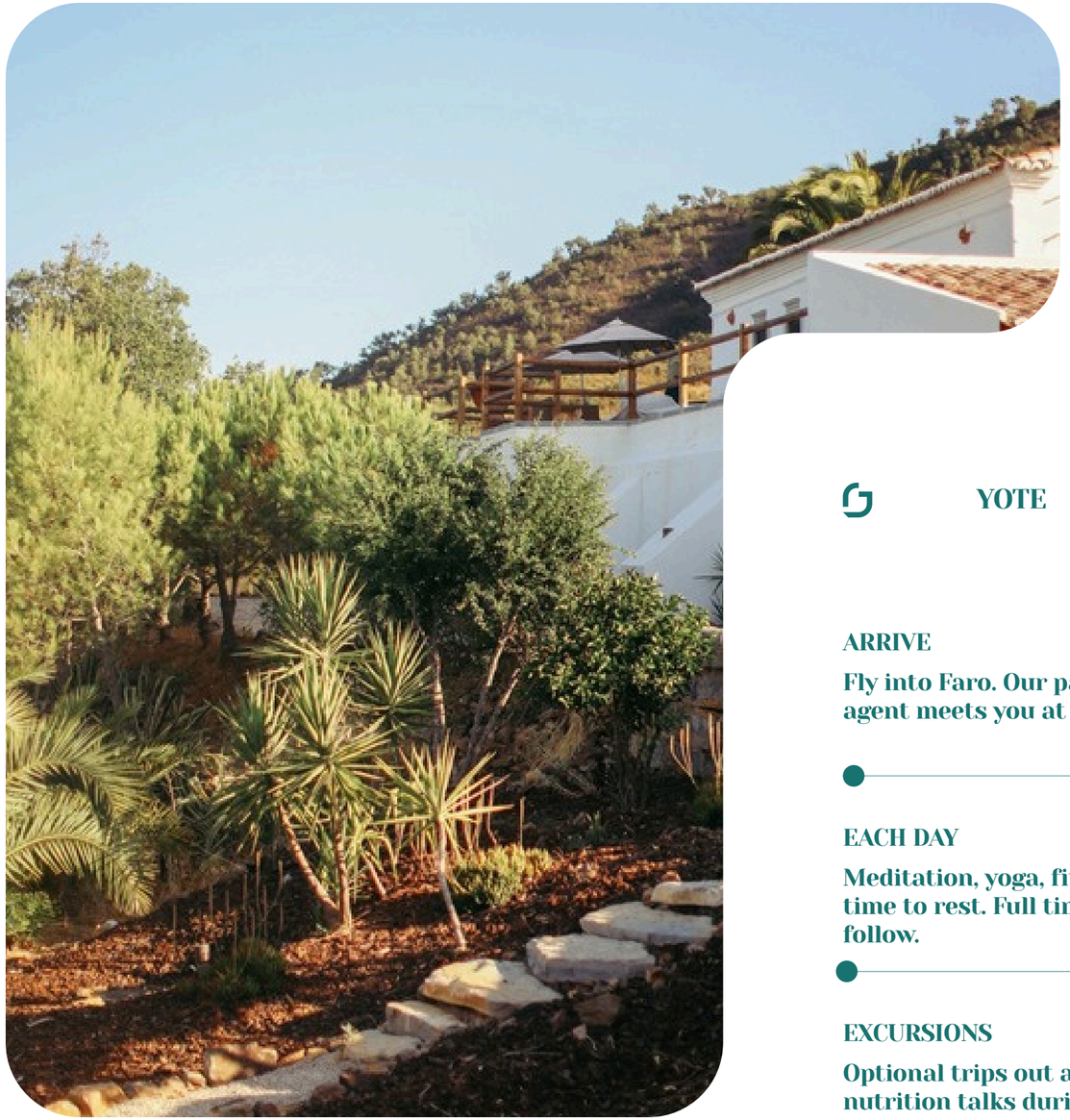
A secluded retreat set into the Corgas Bravas hills.



THE QUIET

Nothing to hear but birdsong and wind. Nothing to do but rest.





Your Week

SATURDAY TO SATURDAY

YOTE

ARRIVE

Fly into Faro. Our partner agent meets you at the airport.

EACH DAY

Meditation, yoga, fitness and time to rest. Full timetable to follow.

TREATMENTS

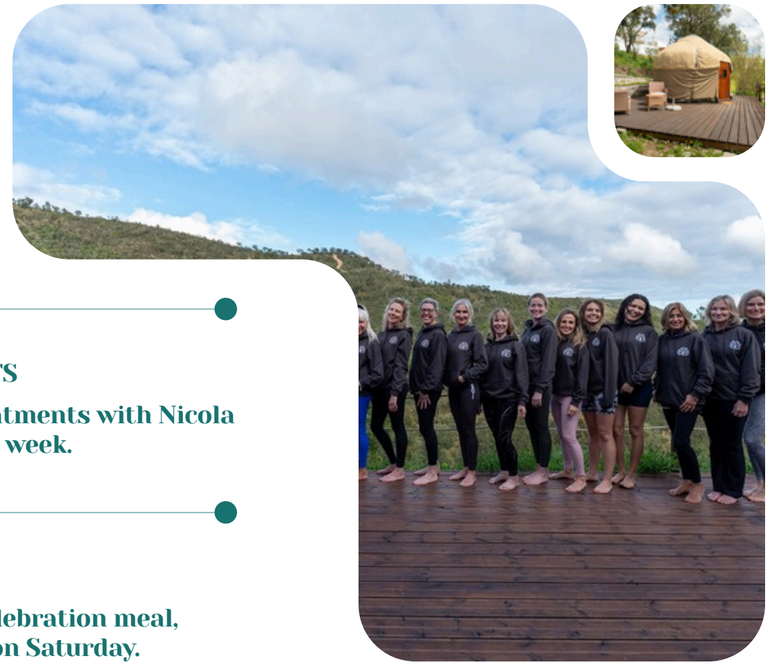
Holistic treatments with Nicola through the week.

EXCURSIONS

Optional trips out and nutrition talks during the week.

LAST NIGHT

A closing celebration meal, then home on Saturday.



The Food

COOKED
FOR YOU





Every meal is planned around your gut, brain, energy and hormones. Local farm produce, organic where possible.



YOTE

ON THE MENU

Salads, dhals, smoothie bowls, fresh juices and raw cakes.

ANY DIET

All dietary needs catered for. The chefs are on hand for advice.

YOTE

Your Teachers

THREE TEACHERS, ONE WEEK





CLARE

YOTE Studio Lead. Trained in Yin, Hatha and Ashtanga.

RADKA

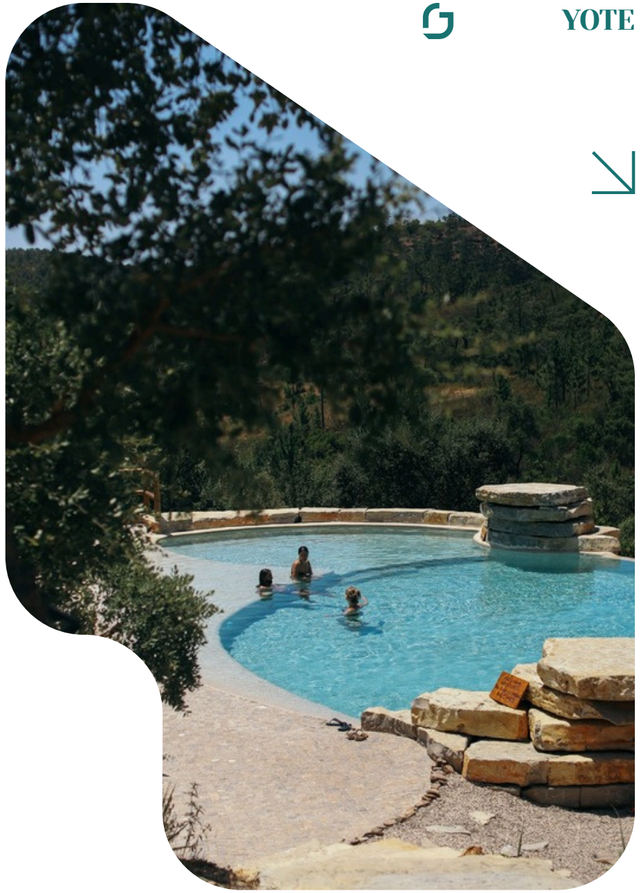
Rocket and Vinyasa, with fifteen years of dance behind her.

NICOLA

Holistic treatments and nutritional support through the week.

YOTE





Our Approach

GROUND.
FLOW.
RESTORE.



GROUND

Come back to the foundations of your practice.

FLOW

Strength and stillness, from dynamic flow to Yin.

RESTORE

Space to rest fully. Every level welcome.





YOTE

What's Included

SEVEN NIGHTS AT WILD VIEW

YOUR STAY

Seven nights in beautiful accommodation on the hillside.

YOUR PRACTICE

Daily meditation, pranayama, yoga and fitness sessions.

FOOD AND DRINK

Meals from the chef team, with still and sparkling water.

GETTING THERE

Airport pickup from Faro. Flights not included.

YOTE

Booking Details

FROM £1,100 PER PERSON

Dates

Saturday 16 to Saturday 23 October 2027.

MANOR HOUSE ROOMS

Twin or double, ensuite: £1,600pp sharing, £2,200 single
Triple or large, ensuite: £1,700pp twin, £1,300pp triple

Yurt and shepherd's huts

Yurt: £1,300pp sharing, £1,900 single
Shepherd's hut: £1,100pp twin, £1,600 single

Flights

Book your own flights into Faro. We collect you from the airport.

Deposit

£300pp if you book before 1 January 2027, £500pp from then. Balance due 60 days before travel, by 17 August 2027.



Join Us

Now booking. Email us to reserve your room and we will send you everything you need.



SEE YOU IN THE HILLS
IN OCTOBER 2027.

YOTE

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